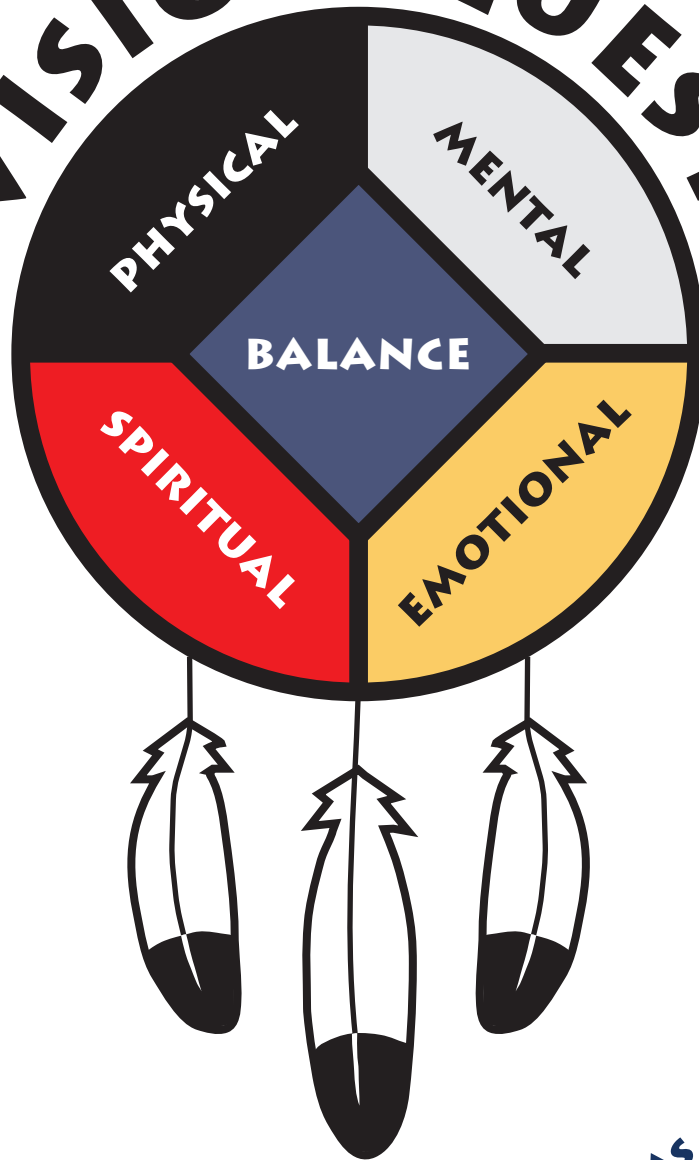


JOIN THE JOURNEY!



KANSAS ASSOCIATION FOR
Health • Physical Education • Recreation • Dance

VISION QUEST

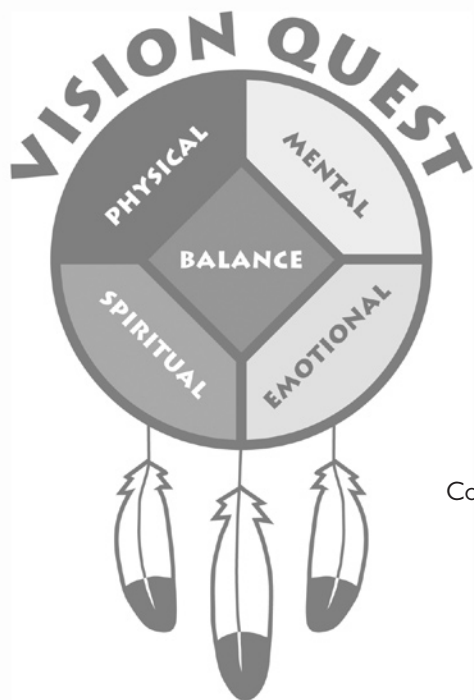


2012 KAHPERD CONVENTION • LAWRENCE, KANSAS • OCT. 31-NOV. 2, 2012

**HOSTED BY THE UNIVERSITY OF KANSAS
DEPARTMENT OF HEALTH, SPORT, AND EXERCISE SCIENCES**

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ABOUT THE THEME

This year's theme is "Vision Quest: Join the Journey!" A vision quest is a time of reflection; a search for understanding. As KAHPERD and AAHPERD reorganize, both organizations are in a time of reflection; seeking understanding and clarity. The medicine wheel makes sense of the world and brings order to it. It celebrates both diversity and unity. As we reflect on the future of our organization, we can use the medicine wheel to make sense of the process. Our focus is the holistic health of children and adults — balance between the diverse aspects of body, mind, spirit, and heart that are unified within each human being. As professional educators, we achieve that through teaching, and also learning and growing. We hope that the 2012 KAHPERD Convention will set you on the path to learn and grow. Join the Journey!



HAVE A SMARTPHONE?

Scan this QR code for access to the 2012 KAHPERD Convention website!

JOIN THE JOURNEY
LAWRENCE, KANSAS
OCT. 31- NOV. 2, 2012

Welcome to the University of Kansas



Welcome to Lawrence and the campus of the University of Kansas. We are proud to be hosting the annual convention of the Kansas Association for Health, Physical Education, Recreation and Dance.

Our department of Health, Sport, and Exercise Sciences contains programs in Exercise Science, Sport Management, Athletic Training, Community Health, and Physical Education, all with some connection to KAHPERD. Our dedication to the areas of health and fitness is strong, especially through the teaching and research we conduct in the areas we serve. Moreover, we support collaborative relationships with our colleagues from campuses across our great state.

As many of you know, KU has a long history with KAHPERD, though we haven't hosted you in more than three decades. But our tight ties to the organization go back to your first president, Dr. James Naismith, who was incidentally the first chair of our department at KU. The buildings in which your sessions take place are on a street that bears his name. So in many ways, this is like a homecoming for all those associated with KAHPERD. And we are really glad you are here! We are thankful for the opportunity to host KAHPERD, and proud that you are all with us here on Mount Oread.

Have a great meeting.

Rick Ginsberg, Ph.D., Dean
School of Education
University of Kansas

The Department of Health, Sport, and Exercise Sciences Welcomes You



Attendees of the 2012 KAHPERD convention: It is my pleasure to welcome you to the University of Kansas, Robinson Center, and the Department of Health, Sport, and Exercise Sciences. We hope you have a productive and enjoyable experience in Lawrence and at KU. The organizing committee has worked very hard to make this convention a success, and I am very appreciative of their efforts. I have been informed that the organizing committee has big plans to make this an outstanding Jayhawk experience!

It has been much too long since KU has hosted the KAHPERD convention, especially considering the historic ties between this department and KAHPERD. Notably, James Naismith, the first chairperson of what was then the Department of Physical Education, began teaching physical education at KU in 1898. He was also the first president of KAHPERD. The theme for this year's convention is "Vision Quest: Join the Journey," and considering that we are in an era of tight budgets, increasing incidence of obesity, lack of physical activity, and restructuring of AAHPERD, it is more important than ever that professionals such as you "Join the Journey."

Joseph P. Weir, Ph.D., Professor and Chair
Department of Health, Sport, and Exercise Sciences
University of Kansas

2 KAHPERD CONVENTION COMMITTEE

KAHPERD thanks the following individuals for their tireless work in planning this convention.

Convention Site Team Chair	Susan King
Convention Site Team Co-Chair	Liz Dobbins
KAHPERD Convention Manager	April Huddleston
KAHPERD Executive Director	Vicki Worrell
Awards	Kathy Wagner, <i>KAHPERD Awards Committee Chair</i> , Kathy Kochersperger, Patty Weber, and Shellie Stahly
Banquet	Liz Dobbins
Convention Program	April Huddleston, Susan King, and Rick Pappas
Convention Booklet and CD	Rick Pappas
Equipment	Susan King
Exhibits	Susan King
Health Fair	Mary Fry
Hospitality	Bernie Kish
Housing	Liz Dobbins
KAHPERD Webmaster	David Price
Parking	Wayne Osness
Registration	Mary Fry
Rooms	Bernie Kish
Signs	Andy Fry
Sponsors	Liz Dobbins
Technology	Whitney Moore
Transportation	Wayne Osness
Volunteers	Mike Kennedy

SPECIAL THANKS

We sincerely thank all of the convention sponsors for their generous donations:

HOPSports | Garmin | Great Harvest Bakery, Lawrence, KS
InTrust Bank, Doug Gaumer, *Community Bank President* | Mixed Bag Designs
Coca-Cola | Adidas | TRX | Sunflower Marketing

Thanks, also, to the following:

Traci Marcum • Precision Printing • West Coast Saloon • Garry Gribble's Running Sports
Sunflower Bike Shop • Lawrence Parks and Recreation • Dr. Kent Dobbins • Rachel Dobbins
Kansas Athletics • KU Student Health Services • Bud Stallworth • KU Cheerleaders • KU Pep Band
Baby Jay • Checkers • Robin Ward, The Write Design • Pro Print Lawrence
Goodcents Deli Fresh Subs • Tapas Mexican Food • Red Dog's Dog Days



Executive Director
Vicki Worrell
Department of HPER
Emporia State University
Emporia, KS



Treasurer
Jannelle Robins-Gaede
Deerfield Elementary
Deerfield, KS



President
Blake Taylor
Lawrence Elementary
Wichita, KS



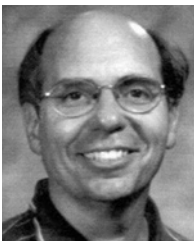
Journal Editor
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Fort Hays State University
Hays, KS



President-Elect
Damon Leiss
Department of HPER
Emporia State University
Emporia, KS



Parliamentarian
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Department of HHPR
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Pittsburg, KS



Past-President
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Wichita, KS



Member at Large
Jason Busche
Anthony Elementary/
Middle School
Anthony, KS



Secretary
Karla Stenzel
Teaching Specialist
Wichita Public Schools
Wichita, KS

**VOTE
THURSDAY**

2012-2013 Slate of Officers and Chairs

Vote in the Robinson 1st Floor Foyer between 10 am and 4 pm on Thursday.

Executive Council Members

President-Elect

Kim Morrissey

Member at Large

Jill Cundiff

Treasurer

Jannelle Robins-Gaede

Council Committee Chairs

Awards

Brenda Bowman

Grants and Model School

Wendy Scholten

Joint Projects

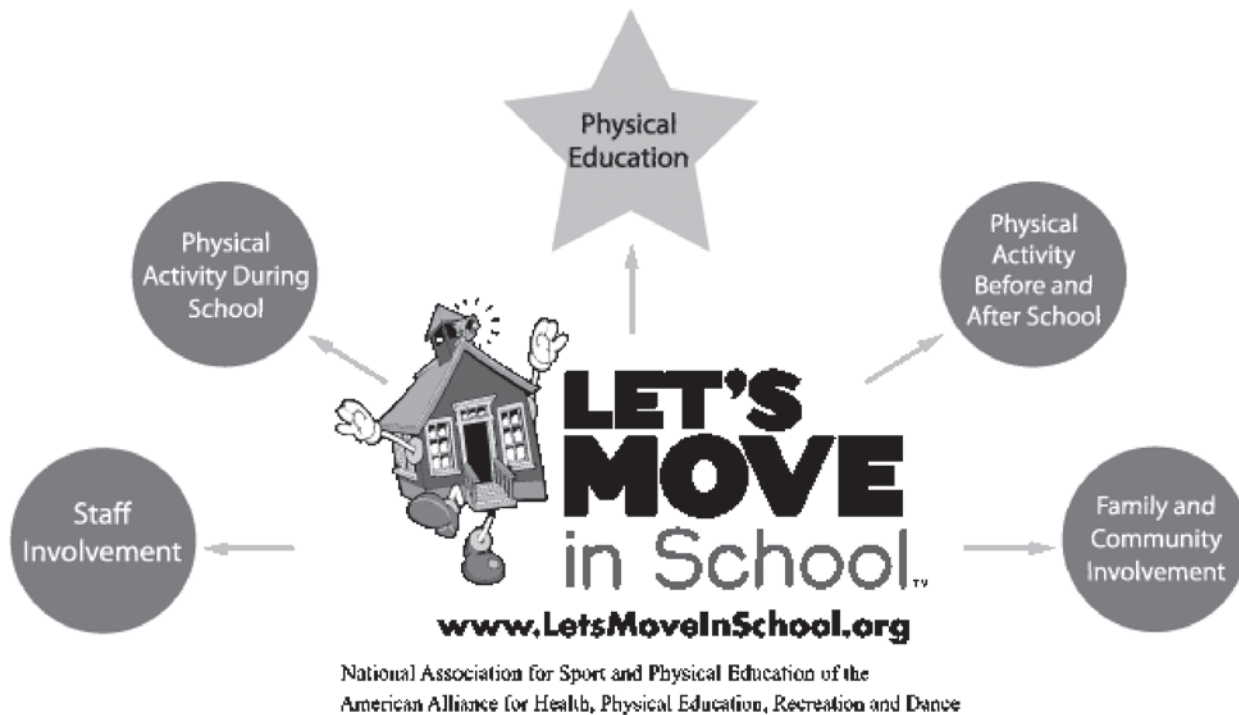
Brenda Sharp

Legislative / Advocacy

Jessica Stewart

Membership / Marketing

Demarla Martinez



Comprehensive School Physical Activity Program

You're a WINNER!

...because you Joined the Journey and came to the 2012 KAHPERD Convention at the University of Kansas! Now win even more!

HOW YOU CAN WIN

RAFFLE TICKETS:

Collect as many as you can and increase your chance of winning prizes, prizes, prizes! Drop one ticket half in bins in the Exhibit Hall.

- If you pre-registered, there's a raffle ticket in your badge!
- Play "The Exhibitor Games" and win two tickets.
- Win two tickets for attending an Exhibitor Demonstration.
- DROP EVERYTHING AND DANCE! When you hear the siren, stop, drop, and dance — and you'll win a ticket!
- Play "Minute to Win It" for a chance to win 10 tickets on Friday.

RETURN YOUR KAHPERD NAME BADGE:

Drop your name badge in one of the marked bins before you leave. Five lucky people will win a free KAHPERD membership for a year.

BEVERAGE TICKETS:

Win beverage tickets for single wells or domestic beers at the Banquet After Party (on Thursday, November 1, from 8:30 pm to midnight, at The Cave at The Oread Hotel).

- First 100 people at the Cave before 9:30 pm win a beverage ticket.
- After 9:30 pm, the first 150 people who bring their banquet program will win a beverage ticket.

WHAT YOU CAN WIN

Drop one half of your raffle ticket (keep the other half) in either the Thursday bin or the Friday bin in the Exhibit Hall.

On Thursday, November 1:

Prizes will be given out all day. Check the ticket numbers on the prize board located in the Exhibit Hall.

Any prizes not claimed by Thursday at 4:30 pm will be raffled off on Friday.

- One pair of running shoes from Garry Gribble's Running Sports (\$100 value)
- Two rounds of golf and a cart at Eagle Bend Golf Course in Lawrence
- A pair of Oakley sunglasses (\$150 value)
- A signed basketball from the KU Men's Basketball team
- One TRX Pro Kit
- OTHERS!

On Friday, November 2:

Prize drawing will take place after "Minute to Win It." You must be present to win.

- One pair of running shoes from Garry Gribble's Running Sports (\$100 value)
- Web-based Brain Breaks from HOPSports (\$2500 value)
- Garmin products (\$1,000 total value)
- Trek bike (\$360 value)
- Lunch and a behind-the-scenes tour of Allen Fieldhouse for you and three friends
- One TRX Pro Kit and One TRX Rip Training Basic Kit
- OTHERS!

6 BUS SCHEDULE

Free Bus Shuttle Service

KAHPERD convention attendees are permitted to park in the Holiday Inn lot and take the shuttle bus.

Thursday, November 1: From Holiday Inn (Front Entrance) to Robinson Center and Return

Leave Holiday Inn

6:30 am	6:45am
7:00 am	7:15am
7:30 am	7:45am
8:00 am	8:15am
8:30 am	8:45am
9:00 am	9:15am
9:30 am	9:45am
10:00 am	10:15am
10:30 am	10:45 am
11:00am	
3:15 pm	3:30pm
3:45 pm	4:00pm
4:15 pm	4:30pm
4:45 pm	5:00pm
5:15 pm	5:30pm

Leave Robinson Center

6:45 am	7:00am
7:15 am	7:30am
7:45 am	8:00am
8:15 am	8:30am
8:45 am	9:00am
9:15 am	9:30am
9:45 am	10:00am
10:15 am	
3:30 pm	3:45pm
4:00 pm	4:15pm
4:30 pm	4:45pm
5:00 pm	5:15pm

Thursday, November 1: To Banquet After-Party from Banquet and Return (Front Entrance)

Leave Holiday Inn

9:00 pm
9:30 pm
10:00 pm
10:30 pm
11:00 pm
11:30 pm

Leave The Oread Hotel

9:15 pm
9:45 pm
10:15 pm
10:45 pm
11:15 pm
11:45 pm

Friday, November 2: From Holiday Inn (Front Entrance) to Robinson Center and Return

Leave Holiday Inn

7:30 am	7:45am
8:00 am	8:15am
8:30 am	8:45am
9:00 am	9:15am
9:30 am	9:45am

Leave Robinson Center

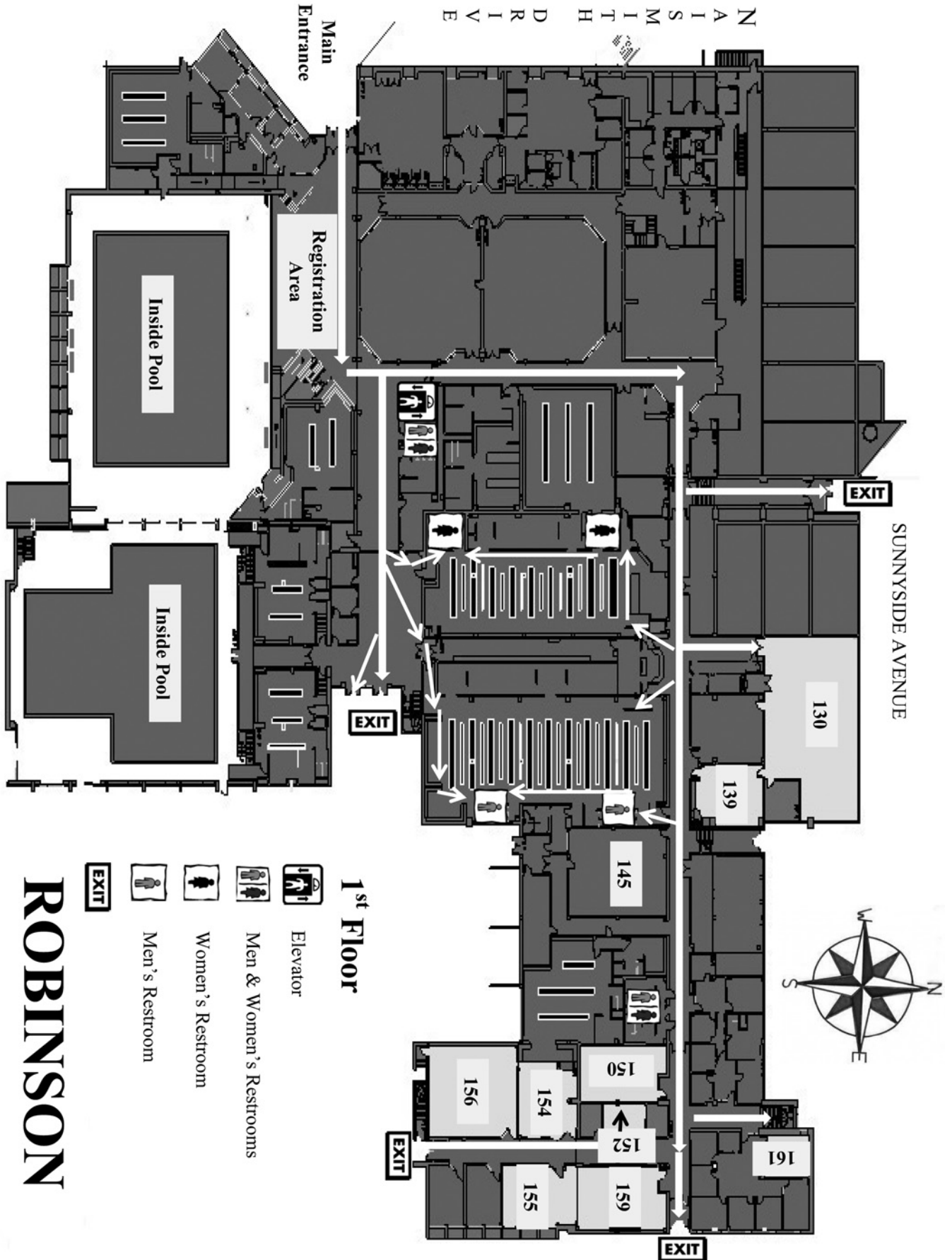
7:45 am	8:00am
8:15 am	8:30am
8:45 am	9:00am
9:15 am	9:30am
9:45 am	10:00am

Friday, November 2: From Robinson Center to Holiday Inn Parking Lot






Leave Robinson Center

12:00 Noon	12:15pm
12:30pm	12:45pm
1:00pm	1:15pm
1:30pm	2:00pm

Robinson Gymnasium: First Floor

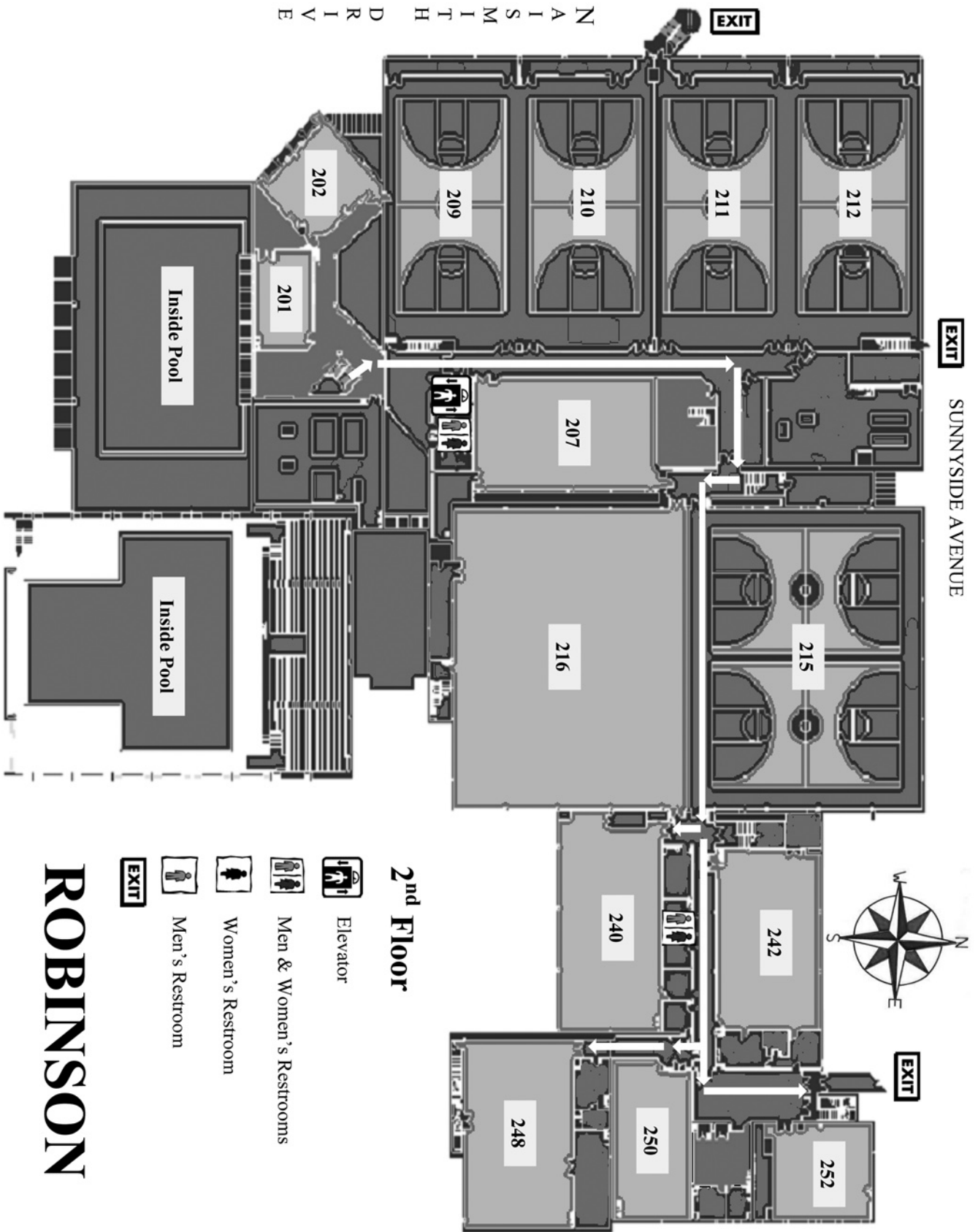


1st Floor

-  Elevator
-  Men & Women's Restrooms
-  Women's Restroom
-  Men's Restroom
-  EXIT






ROBINSON

Robinson Gymnasium: Second Floor



N A I S M I T H D R I V E

SUNNYSIDE AVENUE

- 2nd Floor**
-  Elevator
 -  Men & Women's Restrooms
 -  Women's Restroom
 -  Men's Restroom
 -  EXIT
- ROBINSON**

University of Kansas Campus





PJ Jarvis, 2012 NASPE National Elementary Physical Education Teacher of the Year

PJ Jarvis has been a health and fitness teacher in Central Valley School District in Spokane, Washington, for more than 12 years. PJ strives to develop creative lessons

that engage her students' brains and their bodies every time they are in her class.

PJ started her teaching career in 1991 and has also coached basketball and track and field at the elementary, middle, and high school levels. Prior to moving back to Spokane, she served as director of an outdoor environmental education center that served school groups from throughout the state of Washington.

She was named the Washington Elementary Physical Education Teacher of the Year in 2009 and the NASPE Northwest District Elementary Physical Education Teacher of the Year in 2011. PJ was named the 2012 NASPE National Elementary Physical Education Teacher of the Year in Boston. She currently serves on the Washington Alliance for Health, Physical Education, Recreation, and Dance (WAHPERD) board and is part of the Office of Superintendent for Public Instruction's (OSPI) Health and Fitness cadre in Washington.



Gary English

Dr. Gary English will be presenting a special session on bullying. He is the department head for the College of Health and Human Services (CHHS) at Western Kentucky University at Bowling Green. The Academic Center for

Excellence, the Institute for Rural Health Development and Research, the Kentucky Emergency Medical Services Academy, and the South-Central Kentucky Area Health Education Center are also housed in or overseen by CHHS. He has served as division vice president for health on Kentucky AHPERD.

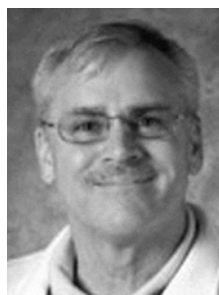


Ben Fatherree and Jason Johns, Co-creators of Hantis

In 2005, best friends Ben Fatherree and Jason Johns were

taking a media class together at Scott County High School in Kentucky. One day, during the last period of the school day, Ben and Jason and some fellow classmates decided to come up with a new activity using a tennis ball. First, they made a makeshift table tennis table using two tables, wedged notebook binders as a net, and their hands as paddles. The one-on-one match soon became a doubles match, resulting in the eventual addition of extra tables that were later spread apart, and taking on the appearance of four square. From here, the first version of Hantis was born. The game's name is a mash-up of the words "hand" and "tennis."

Hantis won the 2011 Playworks Best New Game contest, the "Most Elegant" award at the Steel City Games Fest in Pittsburgh, Pennsylvania, and the 2011 Healthy Schools Campaign's Ideas for Health and Wellness contest.



Dennis Docheff

Dennis Docheff, a NASPE Past President, has been an educator for more than 30 years. His experience includes teaching, administration, and coaching at the elementary, middle school, high school, and university levels. Dennis's areas

of expertise include teaching and coaching effectiveness, and administration. He has provided over 250 professional presentations and has 150 publications to his name, recently publishing a third book, *Pathway to Excellence: A Christian Approach to Coaching*.

Highlights of Dennis's career include a three-year teaching stint at the United States Military Academy at West Point, serving as NASPE president in 2011-2012 and currently as past-president of the Central District AAHPERD, and receiving the AAHPERD Honor Award.

The 2012 KAHPERD Convention presenters include more than 30 award-winning physical education, health, and dance educators!

The following award winning educators are either presenting or co-presenting:

National Teachers of the Year

Rhonda Holt	2000 NASPE National Elementary Teacher of the Year
PJ Jarvis	2012 NASPE National Elementary Teacher of the Year
Kathy Wagner	2008 NASPE National Elementary Teacher of the Year
Vicki Worrell	1993 NASPE National Elementary Teacher of the Year

AAHPERD District Teachers of the Year

Brenda Bowman	2010 Central District Adapted Teacher of the Year
Jean Drennan	1999 Central District Secondary Teacher of the Year
Margery Thompson	2012 Central District Adapted Teacher of the Year

KAHPERD State Educators of the Year and Award Winners

Catherine Arellano	2010 Model School Recipient
Joan Bolt	2002 Elementary Teacher of the Year
Jim Brown	2001 Service Award Recipient
Meggin DeMoss	1995 Elementary Teacher of the Year
Michelle DiLisio	1995 High School Teacher of the Year
Mark Dix	2001 Young Professional Educator of the Year
Scott Gorman	1999 Honor Award Recipient
Norma Hodges	1996 High School Secondary Teacher of the Year
Shelly Hoffman	2010 Model School Award Recipient
Janice Jewett	2004 Recreation Professional of the Year
Kathy Kochersperger	2003 Adapted Teacher of the Year
Joella Mehrhof	1998 Dance Educator of the Year
David Moore	2006 Young Professional Educator of the Year
Kim Morrissey	2009 Elementary Teacher of the Year
Debbie O'Dell	2010 Model School Award Recipient
Susan Oldfather	2004 Elementary Teacher of the Year
John Oppliger	1999 Service Award Recipient
Tom Rhodes	2003 Middle School Teacher of the Year
Wendy Scholten	2011 Wayne Osness Honor Award Recipient
Brenda Sharp	2009 Jump Rope for Heart Coordinator of the Year
Julia Spresser	2008 Dance Educator of the Year
Karla Stenzel	2009 Vicki J. Worrell Service Award Recipient
Jessica Stewart	2011 Young Professional Educator of the Year
Amy Townsend	2009 Health Educator of the Year
Patty Weber	2008 Elementary Teacher of the Year
Claudia Welch	2004 High School Teacher of the Year

See pages 30-31 for an index to sessions by presenter.

THURSDAY MORNING, NOVEMBER 1

6:00 – 6:45 am			7:00 – 10:00 am		
Red Dog's Dog Days Community Workout <i>Outdoors on the field east of Robinson Gym</i>			2012 KAHPERD Convention Registration <i>Robinson 1st Floor Foyer</i>		
BREAKOUT SESSIONS: 8:00 – 8:50 am					
Disc Horseshoes <i>Gym 209</i>	Undercover Fitness <i>Gym 212</i>	Something Old, Something New <i>Gym 215</i>	Classroom Management in Physical Education <i>Room 252</i>	Sports Concussion: Guidelines for Teachers and Coaches <i>Room 202</i>	
Energy Drinks + Youth = Dangerous Recipe <i>Room 159</i>	Sports Medicine and Athletic Training Course for High School Students <i>Room 156</i>	Spring into Sport Stacking with Speed Stacks! <i>(basics of stacking for those who have never stacked)</i> <i>Room 248</i>	Movin' to the Movies <i>Room 240 Dance Studio</i>		
BREAKOUT SESSIONS: 9:00 – 9:50 am					
School Tennis: A Whole New Ballgame <i>Gym 209</i>	Flash Mob Craze <i>Gym 212</i>	Dancing in the Streets– Part 1 (K-2nd) <i>Gym 215</i>	iPad: The Greatest Innovation for PE Teachers since the Invention of the Whistle <i>Room 252</i>	Teaching and Coaching Movement, Not Muscles <i>Room 202</i>	
A Win/Win Opportunity: A Partnership between Higher Ed and K-12 <i>Room 159</i>	Writing Weight Training Programs: A Step-by-Step Approach <i>Room 156</i>	Your Body is Talking, Are You Listening? <i>Room 150</i>	Jump and Hoops for the Novice <i>Room 139</i>	Year 2 of K-Fit: How's It Going? <i>Room 130</i>	
9:30 am			9:50 – 10:20 am		
Retiree Reception <i>Room 152</i>			EXHIBITOR GAMES <i>Exhibit Hall – Gym 210</i>		
BREAKOUT SESSIONS: 10:20 – 11:10 am					
New Generation <i>Gym 209</i>	All Good Physical Education is Adapted: Practical Applications for Inclusion <i>Gym 212</i>	Dancing in the Streets– Part 2 (3-5) <i>Gym 215</i>	Don't Be Mean Behind the Scene: Bullying <i>Room 252</i>	Geocaching <i>Room 202</i>	
Student-centered Activities for the Health Classroom <i>Room 150</i>	Assessment in Physical Education <i>Room 139</i>	LMIKS Meeting <i>(for those who attended a June 2012 LMIKS training)</i> <i>Room 130</i>	Team Building 101 <i>Room 216</i>		
11:00 am – 12:15 pm			11:30 am – 1:00 pm		
Joint Projects Rewards Luncheon <i>Burge Union (by invitation only)</i>			LUNCH Past President Recognition / Hantis! Demo <i>Allen Fieldhouse</i>		

THURSDAY AFTERNOON, NOVEMBER 1

EXHIBITOR DEMONSTRATIONS: Throughout the Afternoon

1:10 – 1:30 Garmin | 1:45 – 2:00 Children’s Health Market | 2:10 – 2:30 Brain In A Bag | 2:40 – 3:00 USTA Missouri Valley
 3:10 – 3:30 STAT! Healthe Kids Institute | 3:40 – 4:00 Kansas Archery in the Schools
 Room 201

BREAKOUT SESSIONS: 1:10 – 2:00 pm

Building Mentally Strong Athletes: Ideas for Incorporating Mental Skills Training with Sport Teams <i>Gym 209</i>	Xbox 360 Kinect Session <i>Gym 212</i>	MAX OUT: Design with the Student in Mind <i>Gym 215</i>	Activate Student Learning with HOPSports Brain Breaks and Watch Student Behavior, Test Scores, and Engagement Levels Improve! <i>Room 252</i>	Preparing Your Athletes for the Next Level <i>Room 156</i>
Choosing Your Battles 101 <i>Room 150</i>	READ to PLAY: Rewarding Activity through Reading Points <i>Room 130</i>	Say What?! Nonverbal Communication in the Gym <i>Room 248</i>	Teaching the Barbell Squat Exercise: Why and How <i>Rooms 102/103 Fitness Center</i>	

BREAKOUT SESSIONS: 2:10 – 3:00 pm

JC Jumpers <i>Gym 209</i>	Imagine That! <i>Gym 212</i>	Choose It, Eat It, Move It: Teaching Nutrition in an Active Setting <i>Gym 215</i>	Managing Sets of iPads for Classroom Use <i>Room 252</i>	Learning Strategies for Critical Thinking and Student Engagement <i>Room 150</i>
Creating a Safe Zone in Your Classroom <i>Room 130</i>	Soar into Fitness: Sport Stacking with Speed Stacks <i>(for those with some stacking skills; session is integrated with fitness activities)</i> <i>Room 130</i>	Make-n-Take Equipment <i>Room 216</i>	Call for Graduate Research <i>Room 139</i>	

BREAKOUT SESSIONS: 3:10 – 4:00 pm

Superstars Challenge <i>Gym 209</i>	Hantis! <i>Gym 212</i>	Let’s Be Cool and MOVE! <i>Gym 215</i>	Fuel up to Play 60: Making Wellness Part of Your School’s Playbook <i>Room 252</i>	National Standards for Coaches! <i>Room 156</i>
Strong Girls: Hearing about the Benefits of a Physical Activity/Positive Life Skills Program from the Leaders and Kids <i>Room 150</i>	Professor BeHealthy Goes to China <i>Room 130</i>	Issues in HPERD <i>Room 154</i>	Flamenco for Everyone <i>Room 250 Dance Studio</i>	Baseball Practice Organization <i>Meet at 1st Floor Foyer</i>

5:30 – 6:30 pm

President’s Social / Appreciation Awards
Brazilian A at Holiday Inn

6:30 pm

KAHPERD AWARDS BANQUET
Regency Ballroom at Holiday Inn

8:30 pm – 12:00 am

Banquet After Party
The Cave at The Oread Hotel

14 CONVENTION PROGRAM: AT-A-GLANCE

FRIDAY MORNING, NOVEMBER 2

6:30 – 7:15 am		8:00 – 10:30 am		
Zumba! <i>Robinson Gym 212</i>		HEALTH RESOURCE FAIR <i>Robinson Foyer, 1st Floor</i>		
20-MINUTE MINI-SESSIONS: 8:00 – 8:20 am				
Substitute Help <i>Gym 209</i>	Taking the HealthierUS Challenge <i>Room 252</i>	TRX Training for Students and Sports <i>Room 202</i>	Sleep Hygiene, Quality, Quantity, and Outcomes among Residential College Students <i>Room 159</i>	Start a “Trips for Kids” Chapter for Healthier Kids <i>Room 156</i>
BREAKOUT SESSIONS: 8:30 – 9:20 am				
Outdoor Games Played Anywhere! <i>Gym 209</i>	Adapted Physical Education: Getting Staff Moving WITH the Kids <i>Gym 212</i>	CSI Bone Investigation <i>Gym 215</i>	Active Academics... Learning in Motion <i>Room 252</i>	Best of LMIS <i>Room 202</i>
Soar into Fitness: Sport Stacking with Speed Stacks <i>Room 248</i>	Got Tape? Ankle Taping Techniques <i>Room 145 Athletic Training Lab</i>	Secrets of KAHPERD, Central District and AAHPERD Awards Unveiled: The Mystery Is Solved! <i>Room 139</i>	Jump and Hoops for the Novice <i>Room 201</i>	
BREAKOUT SESSIONS: 9:30 – 10:20 am				
Raising the Cardiovascular Bar with Nordic Walking <i>Gym 209</i>	Hantis! <i>Gym 212</i>	Drums Alive! <i>Gym 215</i>	Enhancing Presentations with Prezi <i>Room 252</i>	Naismith: Still Teaching Us Today? <i>Room 202</i>
Model School: Climb Aboard! <i>Room 139</i>	“Whole, Part, Whole” Method of Teaching Dance <i>Room 240 Dance Studio</i>	Practicum and Student Teacher Placement Issues <i>Room 130</i>	Golf “SNAG-a-School” <i>Room 154</i>	
BREAKOUT SESSIONS: 10:30 – 11:20 am				
ASAP Activities that Will SPARK up Your Program <i>Gym 215</i>	Is Your Gym a Sports Hall of Fame... or a Classroom? <i>Room 252</i>	“Mix It Up” for Fitness and Fun: Traditional Mixers and Folk Dances <i>Room 248</i>	Everyone Can Participate in My Classroom! <i>Room 216</i>	
Where Is that Cache Hiding Anyway? <i>Room 139</i>	Physical Education with ELLs <i>Room 130</i>	LMIKS Higher Education Faculty Meeting <i>Room 161</i>		
11:30 am – 12:30 pm		12:30 – 1:30 pm		12:30 – 1:30 pm
MINUTE TO WIN IT <i>Robinson Gyms 209-212</i>		Post-Convention KAHPERD Council Meeting <i>Lunch in 1st Floor Foyer, Meeting in Room 159</i>		K-FIT Training <i>(for those previously registered for the training) Room 139</i>

**THURSDAY MORNING:
8:00 – 8:50 am**

- 100 **Disc Horseshoes** *Gym 209*
Shannon Grate, Shelbi Winter, and Mark Dix
Same game known as Polish horseshoes but with changes so that it can be played in a PE setting for all participants from elementary to high school. Played with two teams of two or three people, two poles, two balls, and a Frisbee.
- 101 **Undercover Fitness** *Gym 212*
Scott Russell and Tiffany Russell
Fitness activities disguised by so much fun they won't even know they are "working out."
- 102 **Something Old, Something New** *Room 215*
Teri Lund
This session will take you back in time to some of my favorite activities I have seen presented over the last 20 years — integration activities, fitness activities, dance, and more. This session will also include some newer activities such as YouTube instant activities and games.
- 103 **Movin' to the Movies** *Room 240 Dance Studio*
Jessica Weil and Shellie Stahly
Put on your dancing shoes and join us for some fun dance routines to the tune of some favorite movie soundtracks. (*No street shoes in Dance Studio.*)
- 104 **Spring Into Sport Stacking with Speed Stacks!** *Room 248*
Traci Crusinberry and Jackie Hall
(*This offers the basics of stacking for those who have never stacked.*) Sport Stacking...a track meet for your hands at warp speed; a jaw-dropping display of dexterity; a mind-numbing manipulative motor skill! Stackers of all ages and abilities find success in this unique individual and team sport. All participants will receive a FREE set of Speed Stacks.
- 105 **Sports Concussion: Guidelines for Teachers and Coaches** *Room 202*
Adam Rolf

Gain current information regarding sport-related concussions in adolescents. Learn what causes concussions and how these mild traumatic brain injuries are now being diagnosed with computerized cognitive testing and appropriate treatment. Learn to recognize the signs and symptoms of a concussion and understand the need for brain rest following these injuries. Includes a review of Lawrence Memorial Hospital's return to exercise protocol following concussion.

- 106 **Sports Medicine and Athletic Training Course for High School Students** *Room 156*
Kathy Read

This session provides an overview of several textbook options covering coaching, athletic training, sports medicine, sport management, and sport and exercise physiology.

- 107 **Classroom Management in Physical Education** *Room 252*
Steve Brown and John Oppliger

One of the biggest challenges for beginning teachers is classroom management. This session will provide an overview of general classroom management concepts as they relate to physical education. Focus will be on developing a supportive learning environment which maximizes activity time for students. Designed to provide beginning and pre-service teachers with a variety of ideas/strategies to manage activities, motivate students, and enhance learning experiences for students, topics will include rules; routines and procedures for beginning and end of class, issuing equipment, etc.; methods of forming teams and/or groups; addressing discipline and motivation; and other CM topics. Participants will receive print and online resources.

- 108 **Energy Drinks + Youth = Dangerous Recipe** *Room 159*
Kim Kato

The energy drink, commonly marketed to our youth, is one of the most rapidly produced products in the U.S. beverage market (Committee on Nutrition and Council on Sports Medicine and Fitness, 2011). It is comprised of a combination of non-nutritive stimulants that promise performance and ergogenic responses. Negative health effects such as disruptive behavior, diminished sleep requirements, elevated blood pressure, and possible developmental effects to the neurologic and cardiovascular systems may occur in our youth from consumption of these energy drinks (Seifert, Schaechter, Hershorin, and Lipshultz, 2011). Regular consumption of energy drinks may also associate with risk for substance use and/or other health compromising behaviors (Committee on Nutrition and Council on Sports Medicine and Fitness, 2011). This presentation will explore the negative health consequences of youth energy drink consumption and investigate regulatory actions that could safeguard energy drink consumers.

THURSDAY: 6:00 – 6:45 am
Red Dog's Dog Days Community Workout
For info, see reddogsdogdays.org.
Outdoors on the field east of Robinson Gym

THURSDAY MORNING: 9:00 – 9:50 am

109 **School Tennis:**

A Whole New Ballgame! *Gym 209*

Jodi Gordon and Connie Robertson

The U.S. Tennis Association makes tennis easy to incorporate into your school programming with lesson plans, station signs, Tennis Skillastics, an afterschool tennis handbook, and more. No courts? No problem!

110 **Flash Mob Craze** *Gym 212*

Janice Jewett, Julia Spresser, and Jenna Wendt

Learn what a flash mob is and what this popular event is all about. Get ideas for implementing a flash mob performance that gets your students exercising and having fun while expressing themselves, too.

111 **Dancing In The Streets! Part I** **(for K-2nd grades)** *Gym 215*

**Kim Morrissey, Karla Stenzel, Shelly Hoffman,
Todd Junker, Casey McConnell, Debbie O'Dell,
Terri Ruland, and Kyle Small**

Disco didn't die; it just got its boogie on at a hoedown for the last 40 years! Join a variety of physical education and music teachers as we share our dance events from our schools. We will teach you dances that we have taught our students to perform — Boogie on the Blacktop, Harvest Hoedown, Disco on the Drive, and Dancing through the Decades. In this two-part presentation you will walk away with a multitude of easy dances. We will give you all the details for a successful school dance performance.

112 **Teaching and Coaching Movement, Not Muscles** *Room 202*

Clark Campbell, KU Head Swim Coach

A coach's prospective on teaching athletic qualities by focusing on basic movements instead of muscle.

113 **iPad: The Greatest Innovation for PE Teachers since the Invention of the Whistle** *Room 252*

Lee Weber

This session will show how to use the iPad to re-invigorate your teaching career. Applications for use in the physical education, strength training, health instruction, and coaching settings will be demonstrated along with a lot of other cool iPad tips and tricks. The session will be focused on instructor's use of the iPad, not the student's use.

114 **A Win/Win Opportunity: A Partnership Between Higher Ed and K-12** *Room 159*

Brad King, Jack Jones, and Kathy Kochersperger

Come learn lead-up games, activities, and strategies that enable ALL students to collaboratively participate in Adventure Course Elements. Presentation from a KAHPERD Grant.

115 **New Ideas and Ways to Grow Your Jump Rope/Hoops For Heart Event** *Room 139*

**Nikki Medina, Linda Henderson, Sarah Askew,
and Jenny Nixon**

A panel discussion with successful Jump/Hoops coordinators and Youth Market Directors. New ideas to add excitement into your event and increase your totals. We will also demonstrate the updated online fundraising tool. Rookie and seasoned coordinators are encouraged to attend. We want to hear your success stories, too!

116 **Year 2 of K-FIT: How's it Going?** *Room 130*

Mark Thompson and Amy McClure

K-FIT (Kansas Fitness Information Tracking) is in its second year of functionality. Since early 2012, 300 schools across the state have had access to an online version of Fitnessgram® through the Kansas State Department of Education's application system. To date, more than 400 teachers from these schools have been trained in testing protocols for the five areas of fitness assessment outlined in K-FIT. More than 150 schools have submitted fitness data to the state, where it has been linked to individual student academic data, for analysis. This session will provide an overview of the results of this data analysis. In addition, it will feature the perspective and observations of a physical educator who is participating in K-FIT. She will provide valuable insight into the benefits, successes, and challenges she encountered as K-FIT got off the ground. This session will be interactive, allowing those from participating schools and districts to share their own experiences as well as potential participants to solicit feedback and advice from those who have "been there, done that."

117 **Writing Weight Training Programs: A Step-by-Step Approach** *Room 156*

Andrew Fry

Designing an effective weight training program can be very challenging. This presentation will describe the numerous considerations and how to make the necessary choices. Variables discussed include choice of exercise, order of exercise, loads to lift, how many repetitions, rest intervals, and how to combine these variables in a long-term program.

118 Your Body is Talking, Are You Listening?

Room 150

Karen Duggan

Paying attention to the unspoken language of your body can open up windows of insight that can put you on a path to better health. Holistic Nutrition Coach Karen Duggan helps you to connect the dots between real food and good health.

THURSDAY: 9:30 am

Retiree Reception

Room 152

THURSDAY: 9:50 – 10:20 am

EXHIBITOR GAMES

Exhibit Hall – Gym 210

**THURSDAY MORNING:
10:20 – 11:10 am**

119 Gen Move for a New Generation *Gym 209*

**Janelle Henley, Natalie Clingsmith,
Steve Bushnell, and Lance Dougan**

Come and learn how to incorporate GENMOVE's universal four-sided goal in your physical education classes. Increase opportunities for student success and build confidence. Students will learn lifetime sports skills and the importance of teamwork and sportsmanship.

**120 All Good Physical Education
Is Adapted: Practical Applications
for Inclusion** *Room 212*

**Margery Thompson,
2012 NASPE Central District Adapted PE
Teacher of the Year**

K-12 co-workers from adapted and general PE are highly encouraged to attend together! Information will be presented on how to utilize your APEs and paras; ideas for modifying for ball, racquet, and net games; fitness testing, jump rope, and more. A great opportunity for problem-solving your individual "How Tos..." and "What Ifs".

**121 Dancing In The Streets! Part 2
(for 3rd-5th grades)** *Gym 215*

**Kim Morrissey, Karla Stenzel, Shelly Hoffman,
Todd Junker, Casey McConnell, Debbie O'Dell,
Terri Ruland, and Kyle Small**

Disco didn't die; it just got its boogie on at a hoedown for the last 40 years! Join a variety of physical education and music teachers as we share our dance events from our schools. We will teach you dances that we have taught our students to perform — Boogie on the Blacktop, Harvest Hoedown, Disco on the Drive, and Dancing through the Decades. In this two-part presentation you will walk away with a multitude of easy dances. We will give you all the details for a successful school dance performance.

**122 Don't Be Mean Behind the Scene:
Bullying** *Room 252*

Gary English

Nearly one in five students in an average classroom is experiencing bullying in some way. The rest of the students, called bystanders, are also affected by the bullying. Providing safe classroom environments is an important part of the mission to reduce bullying. Students who bully can have a wide-ranging impact on the students they bully, students who observe bullying, and the overall climate of the school and community. This session will explore policies, practices and lessons that are designed to address bullying issues.

Objectives: By the end of the session, participants will:

- Identify resources to assess the degree of bullying in their school.
- Describe the need for a comprehensive approach to address the issue of bullying.
- Experience lessons related to bullying awareness.
- Explore policies and rules to reduce the likelihood of bullying.
- Describe the importance of creating a safe and supportive school and classroom environment that supports the anti-bullying message.

123 Geocaching *Room 202*

Catherine Arellano and Tom Rhodes

Geocaching is a worldwide scavenger hunt that is a great activity to teach in your classrooms! This session will teach you how to use it in your classroom and get your students moving all around your school! No experience required, just come ready to move and learn what geocaching has to offer you! We will go outside and look for caches, weather permitting!

18 ABOUT THE SESSIONS

124 **Assessment in Physical Education** Room 139 **Steve Brown and John Oppliger**

The session will begin with a brief discussion of how assessment in physical education can be meaningful and beneficial:

- Use assessment data to show accountability and advocate for continued need for PE within the curriculum (typically to show improvement in physical fitness of youth over time).
- Use assessment/evaluation to motivate students (not just so they can get a grade; rather, address goal setting in terms of fitness and skill development).
- Data can be used to provide talking points in parent teacher conferences; report class/school fitness data to community, etc.

The rest of the session will focus on actual tools and resources that can be used for assessment in physical education. This will include the common fitness assessments (President's Challenge and Fitness Gram); a variety of checklists for skills assessments; rubrics for evaluating skills, attitudes, participation, etc.; other forms of assessment (journals, written tests); and, using technology and/or online resources for assessment (video, heart rate monitors, pedometers, choosemyplate.gov, etc.).

125 **Team Building 101** Room 216 **Michelle DiLisio**

Fun team building activities for all ages. Some of the activities require more brain power than physical effort and vice versa. Some of the activities work well with large groups and others with small groups. While the activities are fun, they can also help your students learn important lessons about how to work successfully together.

126 **LMIKS Meeting** Room 130 **Rhonda Holt and Mark Thompson**

If you attended one of the June 2012 LMIKS trainings, this meeting is for you! We will update you about current plans, answer questions and concerns, and take time to reconnect. Please plan to attend this session to benefit from the information shared.

127 **Student-centered Activities for the Health Classroom** Room 150 **Jenny Donham and Regan Dodd**

Students learn best when they are able to link course concepts to previously existing knowledge and personal experiences, use critical thinking skills to address difficult problems, and teach class concepts to their peers. The purpose of this presentation is to share knowledge, teaching strategies, and interactive activities that will help teachers gain a better understanding of how to actively engage students in critical thinking activities in a college human sexuality or personal health class. Specific strategies discussed will include young adult sexuality, sexual decision-making, birth control, and consent and how they can be adapted for use in high school and college classes.

THURSDAY: 11:00 am – 12:15 pm

6th Annual Joint Projects Luncheon

By Invitation Only

Meet at Robinson 1st Floor Foyer at 11:00 am
to leave at 11:10 for the Burge Union

THURSDAY: 11:30 am – 1:00 pm

LUNCH and Past President Recognition / Hantis! Demonstration

Allen Fieldhouse

(Enter through South Entrance on
Allen Fieldhouse Drive. Pick up your lunch,
then please be seated in Sections L, M, or N)

THURSDAY AFTERNOON - Room 201 **EXHIBITOR DEMONSTRATIONS**

Attend an exhibitor demo and earn two raffle tickets!

1:10 – 1:30 pm Garmin

1:40 – 2:00 pm Children's Health Market

2:10 – 2:30 pm Brain In A Bag

2:40 – 3:00 pm USTA Missouri Valley

3:10 – 3:30 pm STAT! Healthe Kids Institute

3:40 – 4:00 pm Kansas Archery in the Schools

**THURSDAY AFTERNOON:
1:10 – 2:00 pm**

- 128 **Building Mentally Strong Athletes: Ideas for Incorporating Mental Skills Training with Sport Teams** *Gym 209*
Mary Fry, Whitney Moore, Candace Hogue, Joe Claunch, and Richard McGee

This session will introduce participants to a number of mental skills activities that can be used with sport teams to help athletes develop a positive focus. Participants will move in small groups from station to station to hear different ideas for incorporating mental skills with sport teams.

- 129 **Xbox 360 Kinect Session** *Gym 212*
Chase Gibson

This session will show you how to interactively engage students by using the Xbox 360 Kinect. Kids are so into electronics/video games these days, and the Xbox 360 Kinect is a great way to get all students moving and having fun at the same time.

- 130 **MAX OUT: Design with the Student in Mind** *Gym 215*
Joella Mehrhof and Vicki Worrell

This session will provide quick management ideas for the elementary physical education program and will be offered while learning activities and skills. Included concepts are quick assessment strategies, ways to increase practice time, social skill enhancement, and instant activities.

- 131 **Activate Student Learning with HOPSports Brain Breaks and Watch Student Behavior, Test Scores and Engagement Levels Improve!** *Room 252*
Jean Drennan

Physical activity is critical not only for student health but for better academic performance. HOPSports Brain Breaks utilize existing classroom technology to access Web-based gym and classroom physical activities, drastically changing how students, teachers, and parents view the importance of daily, routine physical activity and its impact on academic performance. Brain Breaks allow students to recharge their body and brains for learning readiness.

- 132 **Preparing Your Athletes for the Next Level** *Room 156*
Megan Smith, KU Head Softball Coach

This presentation will focus on getting the most out of your athletes and preparing them for the next level. Topics covered will include on-field development through innovative practice planning; off-field development including academics and social behavior; and helping the athlete understand the recruiting process and what college coaches are looking for.

- 133 **READ to PLAY: Rewarding Activity through Reading Points** *Room 130*
Joan Bolt

Here's a unique merger between the PE department and your school's Accelerated Reader Program. The students receive organized activity time in the morning by reaching reading goals. What a great way to combine academics with activity.

- 134 **Say What?! Nonverbal Communication in the Gym** *Room 248*
Sarah Jo Heath

This session will offer strategies for incorporating nonverbal communication into your physical education curriculum. Through the use of visual aids, picture schedules and motivation charts, sign language, eye contact and facial expressions, participants will learn how to work with students who may not use speech as their primary form of communication. This session is geared toward creating successful situations for students with nontraditional forms of communication and will be beneficial to adapted personnel and general education PE teachers who work with students with communication deficiencies. Strategies learned can also be easily applied to students without communication delays, as every person benefits from using all five senses.

135 **Choosing your Battles 101** *Room 150*
Demarla Martinez, Jessica Stewart, Josie Friess,
and Erica Caudillo

This is a two-part session:

- *Part 1: Choosing your Battles 101*

The first part of the session will consist of the battles and challenges that a physical educator might face during their teaching career. This session is especially geared toward physical education majors and first year teachers. A panel of teachers will discuss and answer questions about challenges that they have faced. For example, what do you do when a teacher wants to keep a student from your PE class because the student needs to make up homework? The following topics will be discussed during the first part of the session: communication with school personnel (classroom teachers, paras, and custodians); conflicts with gym usage; your class is not recess; basic classroom management.

- *Part 2: Choosing your Battles 101*

The second part of the session will provide you with some tips, tricks, and a packet of useful information. As a first year teacher, many of us struggled with three major areas of our physical education program — fitness testing, coordinating a Jump Rope for Heart event, and field day. You will be provided with samples and ideas for pulling off these three major events. We will discuss these topics with you in a little bit of detail and answer any of your questions. You will leave this two-part session with a large packet of information and ideas compiled from several young physical education teachers who have been teaching for a handful of years and have learned a lot!

We hope you attend our session and leave feeling well prepared.

136 **Teaching the Barbell Squat Exercise: Why and How** *Rooms 102 / 103 Fitness Center*
Andrew Fry, Matthew Andre, and Michael Lane

This session will discuss why the barbell squat exercise is important for general fitness and for sport performance. Topics will include different types of squats, how to correctly teach the lifts, and ways to incorporate these exercises into other fitness and training activities.

THURSDAY AFTERNOON: 2:10-3:00 pm

137 **JC Jumpers** *Gym 209*
Megan Hankins

Organizing jump rope teams ages kindergarten on up using Level 1, Level 2, and Level 3 jump rope skills. Kids can either put skills to music or put together a freestyle routine using single ropes, speed ropes, or double dutch ropes.

138 **Imagine That!** *Gym 212*
Christy Hunt and Teresa Grieb

We will show how we help kids to use their imaginations to create their own games and activities. We will also demonstrate how to use kids creative minds to help design new rules for games that most of us have played before to make them new and exciting.

139 **Choose It, Eat It, Move It: Teaching Nutrition in an Active Setting** *Gym 215*
PJ Jarvis, 2012 NASPE National Elementary Teacher of the Year

Participants will learn a plethora of activities they can use tomorrow to teach and assess basic to advanced nutrition concepts in an active and highly engaging setting for all students. Come and learn how to integrate technology, fitness and skill development, and health in lessons such as Nascar Nutrition, Nutrition Knowledge Jeopardy, I'm Here to Help! and more.

140 **Make-n-Take Equipment** *Room 216*
Margery Thompson and Sarah Jo Heath

Make it today! Take it with you, and start using it with your students on Monday! Join us and make poi balls for teaching jump rope, fun waste hose equipment, and key rings/ lanyards for students with communication and/or modification needs.

141 **Soar Into Fitness: Sport Stacking with Speed Stacks!** *Room 248*
Traci Crusinberry and Jackie Hall

Take your students to new levels of fitness with Speed Stacks! This session combines basic Sport Stacking patterns with fitness activities. All first-time participants will receive a FREE set of Speed Stacks, our Instructor Training DVD, and information.

142 Managing Sets of iPads for Classroom Use *Room 252*
Mike Butler

The Emporia State University HPER department is integrating Apple mobile devices into some classes. Some of the challenges of doing this will be discussed along with what we have found to be best practices.

143 Creating a Safe Zone in Your Classroom *Room 130*
Amy McClure

This session is designed for educators to increase their knowledge of lesbian, gay, bisexual, transgender, and questioning youth issues, and how to make the school environment a safe zone for all. Participants will define key concepts related to sexual orientation through group activities and discussions. Participants will also learn tips to successfully facilitate classroom inclusiveness and to advocate for LGBTQ youth.

144 Learning Strategies for Critical Thinking and Student Engagement *Room 150*
Becky Achen and Regan Dodd

Engaging students and promoting their critical thinking skills through discussion and writing enhances the learning experience as emphasized by Bean (2011). This presentation will introduce several of his strategies and active learning activities and how to use them effectively in classes. Attendees will be encouraged to share their assignments for improving student learning. Strategies will be examined within the fields of health education and sport management, and can be adapted for many topics in high school or college classrooms.

145 Call for Graduate Research *Room 139*
Dennis Obermeyer, Facilitator

This is an opportunity for graduate students who have completed or are nearing completion of their research to present their findings.

**THURSDAY AFTERNOON:
3:10-4:00 pm**

146 Superstars Challenge *Gym 209*
Tiffany Orth and Libbie Stover

Various activities and games for teams to participate/ compete in. Convention Attendees can make teams of four to participate in the session to learn activities they could use in the classroom. Activities will integrate different subject areas.

147 Hantis! *Gym 212*
Ben Fatherree and Jason Johns

The wait is over! Prepare yourself for the best game ever. In Hantis, players put paddles aside — and instead, use head, hands, and feet to volley the ball. The game may look like doubles ping-pong, but the gameplay is most similar to that of volleyball with its sets and spikes, basketball for its dribbling, and soccer for kicking. Middle school and high school students will love this game.

148 Let's Be Cool and MOVE! *Gym 215*
Rhonda Holt, Karla Stenzel, and Susan Oldfather

Through the use of Character is Cool and Let's Move in School Skillastics activity kits, participants will gain new ideas for ways to promote physical activity and good character. Skillastics games are ideal for any size elementary or middle school class and can be used in the classroom, at recess, before and after school, and with families and community members. Come ready to experience the fun and excitement of two of the newest Skillastics products.

149 National Standards for Coaches! *Room 156*
Dennis Docheff

This session introduces NASPE's National Coaching Standards. After a brief introduction to the standards, attendees are encouraged to utilize the standards to assess their coaching effectiveness, identifying strengths as well as recognizing areas that may need improvement. These standards can be used to develop a personal plan for growth or assess an entire athletic program/coaching staff.

150 **Fuel Up to Play 60:
Making Wellness Part of Your
School's Playbook** Room 252
Bridget Sheehan and Wendy Scholten

Fuel Up to Play 60 is an in-school nutrition and physical activity program developed by the National Dairy Council, Midwest Dairy Council, and the National Football League (NFL), in collaboration with the United States Department of Agriculture (USDA). More than 70,000 schools are involved in Fuel Up to Play 60 nationwide. Learn how your school can apply for funding, earn rewards, and become eligible to attend special events. Olathe School District's Physical Education teacher Wendy Scholten, the Kansas 2012 Fuel Up to Play 60 Program Advisor of the Year, will share how she has helped make sustainable changes to her school's environment by encouraging youth to achieve at least 60 minutes of physical activity and to consume nutrient-rich foods (low-fat and fat-free dairy foods, fruits, vegetables and whole grains). The presentation will conclude with hands-on activities that can be implemented in schools across the state to help engage children in physical activity throughout the school day.

151 **Strong Girls: Hearing about the
Benefits of a of a Physical Activity /
Positive Life Skills Program from the
Leaders and Kids** Room 150
Mary Fry

Strong Girls is a physical activity/positive life skills program for elementary school girls. In this session, a panel of KU students who serve as leaders and Strong Girl participants will discuss the benefits they receive from being part of the program.

152 **Professor BeHealthy
Goes to China** Room 130
Kim Morrissey

I will share my experiences from my trip to China, including what Chinese children do for physical activity during their school day as well as before and after school hours. Professor BeHealthy will also share food pyramid differences.

153 **Issues in HPERD** Room 154
Bill Stobart, John Oppliger, and Laura Covert

A presentation focusing on issues that are relevant to today's educator. Issues discussed will include same gender classes, school/physical education uniforms, cell phone rules and regulations, vending machines, tattoos, role models, background checks, profanity, spectator behavior, security, childhood obesity, etc.

154 **Flamenco for Everyone** Room 250 Dance Studio
Michelle Hayes

This will be an introductory session to the Spanish art form of flamenco dance. We will cover the basic components of flamenco posture, arm work, rhythmic clapping, marking and footwork. No previous experience is necessary. If you have character shoes, bring them, but you may also take class in bare feet. Ladies, full skirts are optional. Otherwise, wear comfortable clothes and be prepared to move! (*No street shoes in Dance Studio.*)

155 **Baseball Practice Organization**
Meet in Robinson 1st Floor Foyer
Ritch Price, KU Head Baseball Coach

This session will allow KAHPERD members to attend a University of Kansas official baseball practice, and interact with the KU coaches and players.

THURSDAY: 5:30 – 6:30 pm

**President's Social /
Appreciation Awards**
Brazilian A at the Holiday Inn

THURSDAY: 6:30 pm

**KAHPERD AWARDS
BANQUET**

Regency Ballroom at the Holiday Inn
(Advanced purchased Banquet
ticket required)

THURSDAY: 8:30 pm – 12:00 am

Banquet After Party

The Cave at The Oread Hotel
(Transportation available from the Holiday Inn,
OR park in the Mississippi Street Garage)

FRIDAY: 6:30 – 7:15 am

Zumba!
With Julia Spresser
Gym 212

FRIDAY: 8:00 – 10:30 am

HEALTH RESOURCE FAIR

Robinson 1st Floor Foyer

**FRIDAY MORNING:
8:00 – 8:20 am
(20-Minute Mini-Sessions)**

156 **Taking the HealthierUS School Challenge** Room 252
Jill Ladd

Participants will learn about the HealthierUS School Challenge. This session will touch on the benefits of applying and the criteria to meet the different levels of the HUSSC specifically physical education and activity requirements.

157 **Substitute Help** Gym 209
Becky Keely and Angela Kivett

Gain quick and easy lesson ideas for substitutes to play with elementary school classes as well as ideas for what to communicate with them to cover all bases.

158 **TRX Training for Students and Sports** Room 202
Chad Parks and Tim Bourke

This session will show you how to interactively engage students by using the Xbox 360 Kinect. Kids are so into electronics/video games these days, and the Xbox 360 Kinect is a great way to get all students moving and having fun at the same time.

159 **Start a “Trips For Kids” Chapter for Healthier Kids** Room 156
Matt Nowak

I will present information to try to inspire you to organize a Trips For Kids chapter in your schools and communities. TFK has a 25 year history of success across the U.S. and Canada and is well sponsored by numerous corporations and NGOs. TFK puts kids on bicycles and conducts safe rides. It also provides the bikes, equipment, and supplies for free. I will complete the presentation by describing how to start and maintain a TFK chapter.

160 **Sleep Hygiene, Quality, Quantity, and Outcomes Among Residential College Students** Room 159
Chandra Jennings

Background: The American College Health Association has found that college students have long sleep latencies, frequent night waking, and short sleep. Consequently, self-reported health data shows that students with inadequate sleep have significantly poorer health. In addition, college students are in a unique situation where their life adjustment and educational performance are affected, as well as being a population with unique influences on sleep such as a community setting, peer pressure, roommates, school work, and more.

Purpose: This presentation highlights the results of a survey investigation, which evaluated the sleep hygiene behaviors, perceived control over sleep, sleep quality and quantity, and overall wellness among residential college students.

Methods: Participants included students, aged 18 and over, living in the residence halls of a large Midwestern university during the spring semester of 2012. Students completed an online Qualtrics survey distributed by residence hall staff. Survey measures include demographics, the Pittsburgh Sleep Quality Index, the Perceived Wellness Survey, the Sleep Hygiene Index, and the Insomniacs’ Perceived Control Over Sleep Questionnaire. Descriptive analyses, correlations, and t-tests were utilized to examine overall sleep factors and relationships among variables.

Results: Analyses are currently being completed on behaviors and related outcomes in students. Presented results will include descriptives of students’ responses to measures; significant relationships among select variables; and what variables may be valuable in a descriptive model for promotion of sleep outcomes.

Discussion: The findings will highlight the current state of college students’ sleep and how sleep hygiene practices effect health, wellness, and student success. Emphasis will be on presenting the findings that may be of most benefit for university faculty, staff, and administrators for fostering a sleep-promoting environment in their residence halls. Suggestions will be presented for promoting adequate sleep hygiene.

FRIDAY MORNING: 8:30 – 9:20 am

161 **Outdoor Games Played Anywhere!** *Gym 209*
Lauren Loucks, Amy Townsend, and Norma Hodges

If you are looking for fun, innovative games that can be played inside or out, this is the session for you! Activities will include Molkky, Gorodki, Washers, Wicketball, and more! Many of these games may be adapted for field days as well. In addition, presenters will show how other content areas can be integrated into this unit.

162 **Adaptive Physical Education: Getting Staff Moving WITH the Kids** *Gym 212*
Brad Stoll

An interactive presentation where staff moves and simulates certain disabilities during common physical education activities. Attendees will also participate in some warm up activities used by Lawrence APE staff.

163 **CSI Bone Investigation** *Gym 215*
PJ Jarvis

This exciting and innovative learning experience has students work in investigation teams to complete knowledge, skill, and fitness challenges; solve bone clues; collect bones; and assemble a skeleton puzzle. At the conclusion of the lesson students turn their skeleton's gravestone around and discover what high-risk behavior led to their skeleton's untimely death, and then discuss ways to avoid the same fate. The ideas shared will help you integrate fitness development, knowledge assessment, and skill practice in a highly engaging way for all your students.

164 **Fire Up, Push Up, Stack Up! Fitness Stacking with Speed Stacks!** *Room 248*
Traci Crusinberry and Jackie Hall

Motivate your students to move using Speed Stacks. Experience health and skill related fitness activities which can be included in your daily physical education program. All first time participants will receive a FREE set of Speed Stacks, Instructor DVD and Information.

165 **Active Academics... Learning in Motion** *Room 252*
Jim Brown

This session will give you ideas to put academic lessons in motion, add brain breaks and make learning fun.

166 **The BEST of LMIS** *Room 202*
Wendy Scholten, Claudia Welch, Joan Bolt, Meggin DeMoss, Rhonda Holt, and David Moore

Having trouble getting your principal and/or staff on board to do physical activities during school? Come hear how to get the principal and staff to join you in helping students become healthier through good nutrition and physical activity. Take away some easy-to-use ideas from some who have already been there and done it — doing physical activities before, during, and after school. See how to work CSPAP into your year.

167 **Got Tape? Ankle Taping Techniques** *Room 145 Athletic Training Lab*
Matt Howe

The purpose of this session is to provide hands-on learning for two commonly provided ankle taping techniques: basketweave with modification, and speed taping.

168 **Secrets of Our KAHPERD, Central District and AAHPERD Awards Unveiled: The Mystery Is Solved!** *Room 139*
Kathy Wagner, Kathy Kochersberger, Patty Weber, Scott Gorman, and Shellie Stahly

Momma never said it would be easy! In reality it is easy to nominate a colleague or student for a well-deserved KAHPERD or AAHPERD award. Come and learn from your KAHPERD Awards Committee members the various awards available and how simple it is to "Git 'er Done!" The more we ALL know... the more our prestigious awards will grow!

169 **Jump and Hoops For the Novice** *Room 201*
Brenda Sharp and Jessica Stewart

Are you a novice event coordinator? Have you always had questions but didn't know who or how to ask? If you have zero to three years experience of holding a Jump or Hoops event, this is the session for you! Information will come directly from an experienced coordinator AND a coordinator who recently completed her first event which included sliming the principal and top class teacher. Door prizes too!

**FRIDAY MORNING:
9:30 – 10:20 am**

170 **Raising the Cardiovascular Bar with Nordic Walking** *Gym 209*
Ken Bias

Learn to use Nordic walking sticks to help motivate individuals with varying needs be successful at raising their heart rate. Nordic walking sticks allow individuals of all ages to increase target heart rate without increasing the perceived exertion.

171 **Hantis!** *Gym 212*
Ben Fatherree and Jason Johns

The wait is over! Prepare yourself for the best game ever. In Hantis, players put paddles aside — and instead, use head, hands, and feet to volley the ball. The game may look like doubles ping-pong, but the gameplay is most similar to that of volleyball with its sets and spikes, basketball for its dribbling, and soccer for kicking. Middle school and high school students will love this game.

172 **Drums Alive!** *Gym 215*
Kim Morrissey, Anne Campbell, Kyle Small, and Cecilia Franz

A new and unique rhythms workout. How can you use an exercise ball, a five-gallon bucket, and a set of rhythm sticks to teach rhythms and raise your heart rate? Let me show you this activity that is taking the East Coast by storm and let's bring it to our students here in the Midwest.

173 **Golf “SNAG-a-School”** *Room 154*
Jeff Burey

This session will highlight the “Midwest PGA Section” golf in school initiative aimed at grades K-8.

174 **Enhancing Presentations with Prezi** *Room 252*
Ross Friesen, Jane Schneider, and Jill Cundiff

Ready for an alternative to Powerpoint? This presentation will explore Prezi, the free online presentation program that allows you to present information in a whole new way. Prezi is designed to help individuals create Flash-based presentations that are nonlinear and dynamic. With a free Prezi account teachers and students can create their own presentations, or share via email and collaborate online in real time.

175 **Practicum and Student Teacher Placement Issues (Round Table)** *Room 130*
Dennis Obermeyer and Lauren Loucks

The following topics will be discussed in a round table setting:

- What challenges, if any, does your division of education face identifying quality placements for practicum and student teaching candidates?
- Candidate/mentor personalities. Does your division of education have a philosophy for matching candidate/mentor personalities? e.g., bubbly outgoing candidates with bubbly outgoing mentors and the more shy candidates with the same type mentor; or purposely mismatch personalities to challenge the shadow personality of the candidate?
- Does the paper work required for maintaining teacher education state accreditation create a burden on the mentor teacher?
- What is your institution’s policy related to stipends or other compensations to mentor teachers?
- What is your institution’s policy related to compensation/release time for the college/university supervisor?

176 **“Whole, Part, Whole” Method of Teaching Dance** *Room 240 Dance Studio*
Mary Flynn

Here’s Country Line Dance taught using the “Whole, Part, Whole” Method of teaching dance. Two complete line dances will be taught — the Boot Scoot Boogie and the Watermelon Crawl. (*No street shoes in Dance Studio.*)

177 **Naismith: Still Teaching Us Today?** *Room 202*
Dennis Docheff

This session provides a glance at the historic life of James Naismith — his training, philosophy, career; his impact on us today. Life lessons (principles of excellence) from Naismith are presented. Attendees will process Naismith lessons as they consider personal principles of excellence, leading to the development of a personal philosophy statement that works in teaching, coaching, and life.

178 **Model School: Climb Aboard!** *Room 139*
Shelly Hoffman and Debbie O’Dell

Come and find out what it takes to be a model school for Physical Education in Kansas. This session will take you through the steps of the application process and offer ideas and simple projects to incorporate into your classes to help turn your already-good program into a Model School for Physical Education. Ideas will be presented and implementation ideas brainstormed together as a group. You will walk away with all the information to start the process to become a Model School for Physical Education.

FRIDAY MORNING: 10:30 – 11:20 am

- 179 **ASAP Activities that Will SPARK up Your Program** *Gym 215*
Jaime McVey and Jeremy Hazen

Are you ready to get your kids moving as soon as they walk through the door? This session will provide you with quick activities that will keep your preK-6th grade kids moving while having fun. Most games do not require set-up time or equipment. Be ready to work up a sweat, have fun, and learn something new!

- 180 **Everyone Can Participate in My Classroom!** *Room 216*
Brenda Bowman and Darryl Wall

Everyone has a student who needs an activity or sport skill that needs modified. In this session you will learn how to make modifications so that every student can participate.

- 181 **“Mix it Up” for Fitness and Fun: Traditional Mixers and Folk Dances** *Room 248*
Margie Miller and Anthony Wunder

This session will present (or re-visit) traditional folk dances and mixers including Rock Around the Clock, La Raspa, the Barn Dance Mixer, Thiel’s Trio, The Troika, The Little Shoemaker, and more. Folk dances and mixers are a great way to promote fun, fitness, academic integration, and socialization. Come prepared for participation!

- 182 **Is Your Gym a Sports Hall of Fame... or a Classroom?** *Room 252*
PJ Jarvis

Come learn ideas you can use to help set up your elementary classroom (yes, the gym) for student learning and success. Take away ideas, tools, and resources you can implement today and share with your colleagues tomorrow: Entry Tasks, wall posters, fitness logs, management systems, and more.

- 183 **Physical Education with ELLs** *Room 130*
Mary Calder and Wendy Scholten

Using SIOP principles, good teaching practices, and common sense physical education teachers can enhance English Language Learners ability to learn English while learning and participating in physical education classes.

- 184 **LMIKS Higher Education Faculty** *Room 161*

Rhonda Holt, Mark Thompson, and Wayne Osness

If you are one of the Higher Education faculty members who participated in one of the LMIKS trainings, please plan to attend this meeting. Time will be spent sharing success stories, ideas for future plans, and brainstorming strategies for sustainability.

- 185 **Where Is that Cache Hiding Anyway?** *Room 139*
Kathy Kochersperger

Come and experience the fun we had while learning to find those hidden caches — around our campus and into the community. Strategies used for teaching students with disabilities to geocache will be shared, along with all the cross curricular implications. Don’t miss out.

FRIDAY: 11:30 am – 12:30 pm

MINUTE TO WIN IT

Don't miss the opportunity to win some great prizes! You must be present to play, so stick around for the fun!
Gyms 209-212

FRIDAY: 12:30 – 1:30 pm

Post-Convention KAHPERD Council Meeting

Council members and officers for the newly reorganized Council should plan to attend!
Lunch in Robinson 1st Floor Foyer,
Meeting in Room 159

FRIDAY: 12:30 – 2:45 pm

Kansas Fitness Information Tracking (K-FIT) Training

For those who previously registered for the training
Room 139

Each session has a number at the top of their descriptive box listed in the About The Sessions section of this booklet. The corresponding numbers of specific sessions are listed below at the right of the title in the following topic areas. The bar below lists the numbers of sessions for each half day of the convention.

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**Many thanks to these exhibitors for joining us at the 2012 KAHPERD Convention.
Catch them in the Exhibit Hall (Gym 210).**

Adidas

Athletic Apparel
www.adidas.com
Stephanie Temple, stephanie.temple@adidas.com
785-864-7148

Kristii Adrian, Massage Therapist

Bodyworks Lawrence
bodyworks@sunflower.com
785-841-2963
Bodyworks Backstage
785-423-5982

American Heart Association

Jump Rope and Hoops for Heart
www.heart.org
Nikki Medina, AHA/KAHPERD Liaison
nikki.medina@heart.org
316-644-9295

Brain In A Bag

Brain Growing Tools, Equipment, Information
www.braininabag.com
Dean Brittenham, deanbritt@yahoo.com
P.O. Box 980
Lyons, CO 80540
303-823-5780

Central District AHPERD

www.aahperd.org/about/districts/central
Sally Scherrer, sjscherrer@gmail.com

Children's Health Market, Inc.

Coordinated Health Education Programs
www.thegreatbodyshop.net
Nancy M. Grace, nancy@thegreatbodyshop.net
P.O. Box 7294, 29 Cannon Rd, Ste. 1B
Wilton, CT 06897
203-762-2938

Emporia State University

Dept. of Health, Physical Education, and Recreation
www.emporia.edu/hper
620-341-5926

Fort Hays State University

Department of Health and Human Performance
www.fhsu.edu/hhp
785-628-4376

Garmin

GPS Technology
www.garmin.com
1200 E. 151st St
Olathe, KS 66061
Ryan Dieker, ryan.dieker@garmin.com
913-689-5205

HOPSports

Interactive Youth Physical Education Training Systems
www.hopsports.com
Jean Drennan, jdrennan@bluevalleyk12.org
Jana Cummings, jana@hopsports.com
24715 Avenue Rockefeller
Valencia, CA 91355
661-702-8946

Human Kinetics

Professional Publications
www.humankinetics.com
Jean Edwards, jeane@hkusa.com
1607 N. Market St
Champaign, IL 61820
217-351-5076

Image Sports

T-shirts and Fundraising
www.imagesport.com
Kathy Roberts, kroberts@imagesport.com
1115 SE Westbrooke Dr.
Waukee, IA 50263
515-987-7699

Kansas Action for Healthy Kids

School Physical Activity Programs
Wendy Scholten, wscholtenrv@olatheschools.org

**Kansas Association for Health,
Physical Education, Recreation and Dance**

www.kahperd.org
4254 Sweet Bay
Wichita, KS 67226
316-634-3298

Kansas State Bowling Proprietors Association

In-School Bowling Programs
www.bowlkansas.com
Mary Thurber, heartlandbowl@yahoo.com
P.O. Box 779
Wellsville, KS 66092
913-638-1817

**Kansas State Department of Education—
Team Nutrition**

Team Nutrition Resources and Information
www.kn-eat.org
 Jill Ladd, jladd@ksde.org
 120 SE 10th Avenue
 Topeka, KS 66612
 785-296-2790

Kansas Wildlife, Parks, and Tourism

Kansas Archery in the Schools
www.kdwpt.state.ks.us/news/services/education/archery-in-the-schools
 512 SE 25th Avenue
 Pratt, KS 67124
 620-672-5911

**Mike Kelley, Massage Therapist
Complete Performance Massage Therapy**

2311 Wakarusa Dr., Suite C
 Lawrence, KS 66049
 785-840-7276
 913-626-0506

Let's Move in Kansas Schools

Training for Certified Directors of Physical Activity (DPA)
www.kshealthykids.org/HKS_Menus/LMIKS_Info
 Rhonda Holt, rholtpe@sbcglobal.net
 Mark Thompson, mathompson@ksde.org
 785-296-1473

Midwest "PGA" Foundation

Golf "SNAG-A-School" Program
www.snaggolf.com
 Jeff Burey, jburey@aol.com
 8612 Riley
 Overland Park, KS 66212
 913-526-8473

Mixed Bag Designs

Eco-friendly Reusable Bags and Fundraising
www.mixedbagdesigns.com
 Patricia Gibbons, patriciagibbons@mixedbagdesigns.com
 26W 160 Sandpiper Ct.
 Carol Stream, IL 60188
 630-923-5350

Skatetime School Programs

www.skatetime.com
 Jeania Luber, jeanialuber@skatetime.com
 P.O. Box 32162
 Oklahoma City, OK 73123
 888-807-5283

STAT! by Healthe Kids Institute

Health Programming
www.cerner.com/healthekids
 Lauren Butler, lauren.butler@cerner.com
 2800 Rock Creek Parkway W0911
 Kansas City, MO 64117
 816-201-8617

Sunflower Marketing

Promotional Products and Apparel
www.sunflowermarketing.com
 Rita Hazen, rhazen@mcind.com
 785-273-3990

TRX Training

Suspension Training Systems
www.trxtraining.com
 Timothy Bourke, tbourke@trxtraining.com
 755 Sansome, Suite 600
 San Francisco, CA 94111
 415-655-4753

**University of Kansas
Department of Health, Sport, and
Exercise Sciences**

www.soe.ku.edu/hses
 1301 Sunnyside Avenue
 Lawrence, KS 66045
hsesinfo@ku.edu
 785-864-5552

USTA Missouri Valley

Tennis Instructional Materials
www.missourivalley.usta.com
 Susan Riemann, riemann@movalley.usta.com
 457-A S. Clay Avenue
 St. Louis, MO
 913-322-4836

KAHPERD Past Presidents

1920	James Naismith, Lawrence	1969	Wayne Osness, Lawrence
1928	L.P. Washburn, Manhattan	1970	Mary Estes, Emporia
1929	L.P. Washburn, Manhattan	1971	Stan Lauer, Topeka
1930	L.P. Washburn, Manhattan	1972	Dorothy Martin, Emporia
1931	L.P. Washburn, Manhattan	1973	Kelly Rankin, Lawrence
1932	L.P. Washburn, Manhattan	1974	Sally Henisey, Lawrence
1933	Merle Henre, Kansas City	1975	John Bolan, Manhattan
1934	Merle Henre, Kansas City	1976	Jean Pyfer, Lawrence
1935	Irma Nevins, Pittsburg	1977	Dennis Beitz, Manhattan
1936	L.P. Dittimore, Topeka	1978	Susan True, Topeka
1937	Thora Ludvickson, Wichita	1979	Mark Giese, Shawnee
1938	Earl Kauffman, Topeka	1980	Carole Zebas, Lawrence
1939	Helen Saum, Manhattan	1981	Mark Pankau, Shawnee Mission
1940	Oren Schearer, Garden City	1982	Fred Thibault, Wichita
1941	Edna McCullough, Emporia	1983	Vicki Worrell, Derby
1942	C.S. Noll, Manhattan	1984	Pat McSwegin, Emporia
1943	Eva Lyman, Manhattan	1985	Gary Arbogast, Hays
1944	Eva Lyman, Manhattan	1986	Tom Bryant, Pittsburg
1945	R. R. Strait, Lawrence	1987	Susan Miller, Topeka
1946	R. R. Strait, Lawrence	1988	Darrel Lang, Emporia
1947	Sue Unruh, Kansas City	1989	Jim Stilwell, Pittsburg
1948	Fred Knorr, Manhattan	1990	Suzi Cammon Lauer, Lawrence
1949	Joie Stapleton, Lawrence	1991	Judy Heimer, Topeka
1950	Walter D. Roy, Kansas City	1992	Jerry Stockard, Pittsburg
1951	Ann Theilen, Wichita	1993	Sandy Meneley, Topeka
1952	Henry Shenk, Lawrence	1994	Whitey Alpers, Hutchinson
1953	Sophia Hodshirre, Kansas City	1995	Scott Gorman, Pittsburg
1954	Charles Mills, Topeka	1996	Betty Lavery, Lenexa
1954	Helen Barnett, Kansas City	1997	John Zody, Hays
1955	George Hawks, Kansas City	1998	John Zody, Hays
1956	Katherine Geyer, Manhattan	1999	Joella Mehrhof, Emporia
1957	Don Henry, Lawrence	2000	Joan Brewer, Emporia
1958	June Morell, Wichita	2001	Rob Hefley, Pittsburg
1959	Del Norris, Kansas City	2002	Kathy Ermler, Emporia
1960	Ruth Sevy, Hays	2003	Cindy Combs, Newton
1961	Roy Groe, Wichita	2004	Jane Hennes, Topeka
1962	Helen Hocker, Topeka	2005	Joyce Ellis, Hays
1963	Veryle E. Snyder, Manhattan	2006	Vickie Deines, Hoxie
1964	Rosella Towson, Wichita	2007	Meggin DeMoss, Rose Hill
1965	Tuffy Kellogg, Topeka	2008	Rhonda Holt, Wichita
1966	Marge Stone, Emporia	2009	Sue Stinson, Olathe
1967	Joe Thornton, Winfield	2010	Jodie Leiss, Emporia
1968	Jan Nuzman, Topeka	2011	Rick Pappas, Wichita

Past KAHPERD Award Recipients

Honor Award (Renamed Wayne Osness Honor Award in 2003)

2011	Wendy Scholten	1979	Ruth Sevy, Margaret Hawk
2010	Mary Lou Anderson	1978	Marlene Mawson, Whitey Alpers
2009	Joyce Ellis	1977	Dorothy Martin
2008	Rhonda Holt, Jannelle Robins-Gaede	1976	Miriam "Mickey" Poole
2007	Michelle DiLisio	1975	Yvonne Slingerland, Bill Kincaid
2006	Sandy Meneley, Jane Hennes	1974	David Zook, LeRoyce Maddux, Fred Kohl
2005	Sally Burgess, Julia Marsh	1973	Robert Holmer, Pauline Green
2004	Kathy Ermler, Meggin DeMoss	1972	Evelyn Triplett, Carol Smith, Stan Lauer, Bob Hower
2003	John Zody	1971	Laura Tucker, Marie Stockebrand, Mary Estes, Wanda Ecker
2002	Vickie Deines	1970	Wayne Osness, Jeanette Malone, Rose Lamb, Evalyn Gendel
2001	Wayne Donaldson	1969	Joe Thornton, Janet Nuzman, Helen Mesenger, Carl Haney, Edward Greenwood
2000	Joella Mehrhof, Doug Munsell	1968	Marge Stone, Emma Ann Palmer
1999	Betty Lavery	1967	Mary Halbower, Jeanne Galley
1998	Scott Gorman	1966	Rosella Towson, C.L. "Tuffy" Kellogg
1997	Bobbie Harris	1965	Gladys Taggart
1996	Vicki Worrell	1964	Veryle Snyder, Helen Hocker, George Hawks
1995	Glen Lojka	1963	Ruby Munzer, Quentin Graves
1994	Susan Miller	1962	June Morell, Kathryn McKinney, Donald Henry
1993	Don Fuertges	1960	T.M. "Mickey" Evans
1992	Darrel Lang	1959	Katherine Geyer
1988	Suzi Cammon-Lauer	1958	Joie Stapleton, Henry Shenk, Roy Groe, Helen Fosmire
1987	Garry Patterson	1957	Ann Theilen, Reginald Stram, Walter Ray, Ed Elbel
1986	Fred Thibault	1956	Ruth Hoover, Orli Cox, Helen Barnett
1985	Mark Pankau	1955	Ardis Hill, L. R. Perry, Eva Lyman
1984	Carolyn Sias, Jamie Hofmeier, Verneda Edwards	1954	Hazel Cave, Sue Unruh, Strong Hinman, Merle Henre
1983	Mark Giese	1953	Edna McCullough
1982	Sue Bair	1952	L.P. Dittimore, L.P. Washburn
1981	Virginia Bevan		
1980	Doris Coppock		

Service Award (Renamed Vicki J. Worrell Service Award in 2004)

2011	Jodie Leiss	1996	Betty Lavery
2010	Brenda Sharp, Janice Jewett	1995	Kathy Ermler
2009	Karla Stenzel	1994	Doug Munsell
2008	Joella Mehrhof	1992	Richard Woodson, Betty Pendergast
2007	John Zody	1986	Suzi Lauer, Susan Miller
2006	Wendy Scholten, Darrel Lang	1985	Vicki Worrell
2005	Meggin DeMoss, Rhonda Holt	1984	Linda Brandenburg
2004	Joan Brewer, Scott Gorman	1982	Cramer Reed, Mickey Poole
2003	Janelle Robins-Gaede	1981	Charles Corbin
2002	Julia Marsh	1980	Helen Hocker, Bernie Taylor, Wayne McConnell
2001	Jim Brown	1977	Gordon Gray
2000	Sandy Bauchmoyer, Glynis Nixon	1976	Alfred Ortolani
1999	John Oppliger	1975	Prentice Gudgen, Frank Anneberg
1997	Glen Lojka		

Elementary School Teacher of the Year

2011	Janelle Robins-Gaede	1996	Deon Hall
2009	Kim Morrissey	1995	Meggin DeMoss
2008	Patty Weber	1994	Judy Heimer
2007	Kathy Wagner*	1993	Vicki Worrell*
2006	Sue Stinson	1992	Jeanne Rucker
2004	Susan Oldfather	1991	Bob Jackson
2003	Rick Pappas	1990	Jamie Hofmeier
2002	Joan Bolt	1989	Sandy Meneley
2001	Bethel Stout	1988	Anita Nichols
2000	Jane Hennes	1986	Linda Brandenburg
1999	Rhonda Holt*		
1998	Denise Andrews		
1997	Jill Cundiff		

* National Recipient

Middle School Teacher of the Year

2011	Jason Busche	2001	Joyce Irwin
2010	Deb Funke	2000	Joyce Ellis
2009	Diane Aaron	1999	Brad Haas
2008	Carri Flores	1998	Ramie Allison
2006	Lori Heger	1997	Sandy Meneley
2004	Aneta Webster	1996	Harold Spillman
2003	Thomas Rhodes		

Health Educator of the Year

2009	Amy Townsend	2000	Janelle Robins-Gaede
2004	Kelly Cook	1999	Roy Wohl
2003	Jennifer Thomas	1998	Joan Stear
2002	Shawna Smith	1997	Donna Allen
2001	Steve Sedbrook		

Dance Award

2008	Joan Bolt, Julia Spresser	2000	Sally Burgess
2004	Alice Curry-Johnson	1998	Joella Mehrhof

Health Agency Award

1999	Darrel Lang
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Kathy Ermler Technology Award

2011	Kathy Ermler
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NAGWS Pathfinder Award

2011	Merri Copeland	2002	Marjorie Stone
2009	JoAnne Thaw	2001	Joan Lundstrum Wells
2008	Norma Hodges	2000	Ethel Rugg
2007	Claudia Welch	1999	Caroline Howard
2006	Michelle DiLisio	1998	Ruby Munzer
2005	Dolores Oliva	1997	Jeanne Galley
2004	Doris Coppock	1996	Mary Virginia Bevan
2003	Kathy Ermler	1994	Jan Nuzman

High School Teacher of the Year

2011	Connie Ronnebaum	1997	Karen Pickert
2008	Becky Winter	1996	Norma Hodges
2007	Candee Stuchlik-Thode	1995	Michelle DiLisio
2006	Katie Bacon	1994	Deborah Newkirk
2004	Claudia Welch	1991	Vickie Deines
2003	Merri Copeland	1990	Robert Groszek
2002	Jane Schneider	1988	Doug Moeckel
2001	Leanna Beal	1986	Bobbie Harris
2000	Brenda Soldani	1985	Donna Fleischacker
1999	Cindy Friesen	1984	Whitey Alpers
1998	Jean Drennen		

Adapted Physical Education Teacher of the Year

2011	Margie Thompson	2002	Carolyn Oborny
2010	Suzy Cody	2001	Anne Abbott
2009	Brenda Bowman	2000	David Weldon
2007	Wendy Trail	1999	Sandy Brundgardt
2006	Kathy Lysell	1998	Gary Taylor
2004	Cindy Combs*		
2003	Kathy Kochersperger		

* National Recipient

Recreation Award

2011	Damon Leiss	2002	Joel Garavaglia-Maiorano
2006	Lynn Maska	2001	Chuck Killingsworth
2005	Dan Ferguson	2000	Ron Haag
2004	Janice Jewett	1999	Glen Lojka
2003	Clinton Longacre		

Young Professional Award

2011	Jessica Stewart	1998	Michelle Kuhns
2010	Andrew Cherry	1997	Joan Brewer
2009	Jason Busche	1996	Steve Sedbrook
2008	Matt Holopirek	1995	Dick Carty
2007	Andy Battenfield	1992	Mark Craig
2006	David Moore	1991	Debbie Newkirk,
2005	Jessica Martinez		Julie Brogan
2004	Jodie Leiss	1990	Trace Stark
2003	Brenda Sharp	1989	Patty Konzem
2002	Fonda Strickland	1988	Kristi Divinski
2001	Mark Dix	1986	Scott Currier
2000	Hope Tjaden	1985	Kaycee Gilmore
1999	Kim Presley		

Jump Rope for Heart Coordinator of the Year

2011	Larry Stockebrand	2007	Don Funke
2010	Charlie Luman	2006	Kari Jones
2009	Brenda Sharp	2005	Julie Webb
2008	Carla Thurman	2000	Kathy Wagner

Hoops for Heart Coordinator of the Year

2011	Peter Blanton	2007	Cindy Freisen
2010	Sara Conner	2006	Brent Cain
2009	Crystal McDaniel	2005	Cathy Fooshay
2008	Jason Ney		

Administrator of the Year

2011	Jennifer Bright, Community Elementary School, Coffeyville	2004	Shawn Springer, McLean Science/Tech Magnet Elementary School, Wichita
2011	Keith Custer, Anthony/Harper School District, Anthony	2004	Ron Vinduska, Seaman High School, Topeka
2011	Pam Stead, Enterprise Elementary School, Wichita	2003	Dale Koerner, St. Mary's Elementary School, Ellis
2010	Jim Burkhart, Goddard Academy, Goddard	2003	Ron Ronnau, Trueblood Elementary School, Conway Springs
2010	Cindy Chrisman, Washington Elementary School, Wichita	2002	Winston Brooks, Mark Evans and Janet Eubank, Wichita Public Schools, Wichita
2010	Becky O'Hearn, Wichita Collegiate School Early Childhood Division, Wichita	2001	Duane Adams, Ruppenthal Middle School, Russel
2010	Robert Reed, Anthony Elementary, School Anthony	2001	Debra Edwards, St. George Elementary School, St. George
2010	Shawn Springer, Price-Harris Communications Magnet School, Wichita	2001	Rose Kane, Shallow Water School, Scott City
2010	Kathy Stybr, College Hill Elementary School, Wichita	2001	Dr. J. Karen Ray, Washburn University, Topeka
2009	Diane Nickelson, Clearwater East and West, Clearwater	2000	Mason Enterline, Caldwell Elementary School, Wichita
2009	Tammie George, Tonganoxie	2000	Keith Pauley, Clearwater Middle School, Clearwater
2008	Janet Jump, Dodge Literacy Magnet School, Wichita	2000	Dr. Tes Mehring, Emporia State University, Emporia
2008	Earl Martin, Olathe District Schools, Olathe	2000	Dr. Robert Ratzlaff, Pittsburg State University, Pittsburg
2008	Brad Miner, Royster Middle School, Chanute	1999	Dan Dryer
2007	Sierra Jackson, Fort Riley	1998	Dennis Burke, Riverton District, Riverton
2006	Pam Klos, Lawrence Elementary School, Wichita	1998	Steve Frazell, Stilwell Elementary School, Stilwell
2006	Keith Wilson, Curtis Middle School, Wichita		

Model / Merit School Award

2011	Beau Eden and Carla Thurman, Community Elementary School, Coffeyville— <i>Model</i>	2003	Jane Hennes, Pleasant Hill Elementary School, Topeka— <i>Model</i>
2011	Blake Taylor and Brian AraSmith, Lawrence Elementary School, Wichita— <i>Model</i>	2003	Sue Stinson, Apache Elementary School, Overland Park— <i>Merit</i>
2010	Corrin Weaver, Edwardsville Elementary School, Edwardsville— <i>Model</i>	2002	Vickie Deines, Hoxie High School, Hoxie— <i>Model</i>
2010	Shelly Hoffman and Debbie O'Dell, Franklin Elementary School, Wichita— <i>Model</i>	2000	Wendy Scholten, Ridgeview Elementary School, Olathe— <i>Merit</i>
2010	Catherine Arellano and Tom Rhodes, Coleman Middle School, Wichita— <i>Model</i>	2000	Meggin DeMoss, Rose Hill Elementary School, Rose Hill— <i>Merit</i>
2009	Jeremy Goebel and Ursula Kissinger, Tonganoxie Elementary School, Tonganoxie— <i>Model</i>	1998	Ramie Allison and Gareth Pritchard, Blue Valley Middle School
2009	Jason Busche, Anthony Elementary School, Anthony— <i>Merit</i>	1998	Jane Ziegler, Rushton Elementary School, Mission— <i>Merit</i>
2008	Cindy Johnson and Kim Morrissey, Dodge Literacy Magnet Elementary School, Wichita— <i>Model</i>	1998	Denise Andrews, Oakhill Elementary School, Overland Park— <i>Merit</i>
2007	Deanna Owens, Lincoln Central Elementary School, Cherryvale— <i>Merit</i>	1998	Jeannene Muci, Graber Elementary School, Hutchinson— <i>Merit</i>
2006	Diane Wyatt and Bill Christner, Abilene Middle School, Abilene— <i>Merit</i>	1998	Shelly Hoffman, Franklin Elementary School, Wichita— <i>Merit</i>
2006	Mary Lou Anderson, Dwight D. Eisenhower Elementary School, Ft. Leavenworth— <i>Model</i>	1998	Jeanne Rucker, Washington Elementary School, Hays— <i>Model</i>
2006	Beau Bragg, Bonner Springs Elementary School, Bonner Springs— <i>Model</i>	1998	Cindy Friesen, St. John-Hudson, St. John— <i>Model</i>
2003	Brenda Sharp, Cunningham Elementary School, Cunningham	1998	James Brown, Mary Herbert Elementary School, Emporia— <i>Model</i>
		1998	Jannelle Robins-Gaede and Martin Cook, Holcomb Elementary School, Holcomb— <i>Model</i>
		1998	Tracy Shanahan, Crestview Elementary School, Merriam— <i>Model</i>
		1998	Kathy Limkemann, Pleasant Ridge Elementary School, Overland Park— <i>Merit</i>
		1998	Betty Lavery, Stillwell Elementary School, Blue Valley— <i>Merit</i>
		1996	Meggin DeMoss, Seltzer Elementary School, Wichita— <i>Model</i>
		1993	Judy Heimer, Pleasant Hill Elementary School, Topeka— <i>Model</i>



The KAHPERD Mission

KAHPERD members seek to promote and advocate for healthy, active Kansans.

The KAHPERD Vision

- To be the leading advocate in the state of Kansas in promoting healthy, active lifestyles.
- To empower Health, Physical Education, Recreation and Dance professionals to provide leadership in activities that benefit the health of Kansas.

KAHPERD in Action

As one of the oldest professional associations in Kansas, KAHPERD is dedicated to the advancement of professional practice, research and education within the fields of Health, Physical Education, Recreation and Dance. KAHPERD supports, promotes, advocates, develops and creates.

- Professional growth and development opportunities for professional areas.
- Research and scholarship that advances the body of knowledge in the professional areas.
- Public understanding of the need for quality programs in the professional fields of study.
- Policy changes that support health initiatives in the state of Kansas.
- Funding opportunities for innovative projects that promote the KAHPERD mission.



KANSAS ASSOCIATION FOR
Health • Physical Education • Recreation • Dance

**KAHPERD
WINTER WORKSHOP
FEBRUARY 1, 2013
KANSAS WESLEYAN UNIVERSITY
SALINA, KANSAS**

Elementary Session:
Jeff McAdoo, Milken National Educator

Secondary Session:
Jason Busche, KAHPERD Award Winning Educator

**2013 KAHPERD
CONVENTION
NOVEMBER 6-8, 2013
EMPORIA STATE UNIVERSITY
EMPORIA, KANSAS**